

### Monday, March 3

- Ginger Orange Tofu
- Shredded Carrots
- Pickled Red Cabbage
- Brown Rice

### Tuesday, March 4

- Scrambled Eggs
- Black Beans
- Sweet Potato
- Tortilla Strips

### Wednesday, March 5

- Lemon Maple Salmon
- Shredded Carrots
- Edamame
- Brown Rice

### Thursday, March 6

- Chicken Enchilada
- Roasted Bell Peppers
- Black Beans
- Whole Wheat Rotini

### Friday, March 7

- Romesco Tofu
- Cauliflower Rice
- Pineapple
- Turmeric Citrus Couscous

### Monday, March 10

- Scrambled Eggs
- Sweet Potato
- Cooked Oats
- Pineapples

### Tuesday, March 11

- Lemon Dill Chicken
- Yukon Potatoes
- Roasted Carrots
- Brown Rice

### Wednesday, March 12

- Seasoned Turkey
- Black Beans
- Roasted Corn Salad
- Whole Wheat Rotini

### Thursday, March 13

- Creamy Lemon Pilaf
- Broccoli
- Peas & Chickpeas
- Edamame

### Friday, March 14

- Pesto Chicken
- Roma Tomatoes
- Baby Spinach
- Whole Wheat Rotini Pasta

### Monday, March 17

- Chicken Pastor
- Cabbage Carrot Slaw
- Roasted Bell Peppers & Onions
- Whole Wheat Pasta

### Tuesday, March 18

- Pulled Pork
- Broccoli
- Peppers and Onions
- Whole Wheat Pasta

### Wednesday, March 19

- Chicken Chimichurri
- Spinach
- Diced Tomato
- Brown Rice

### Thursday, March 20

- Yucatan Salmon
- Black Beans
- Corn Salsa
- Plantains

### Friday, March 21

- Scrambled Eggs w/ Black Beans
- Sweet Potatoes
- Tortilla Strips
- Quinoa

### Monday, March 24

- Turkey Taco Bowl
- Black Beans
- Roasted Corn Salad
- Whole Grain Rotini

### Tuesday, March 25

- Grilled Chicken Breast
- Roasted Squash Corn
- Cilantro Brown Rice
- Mixed Fruit

### Wednesday, March 26

- Turkey Cheeseburger Hash
- Balsamic Roasted Peppers
- Roasted Gold Potatoes
- Tomato Pickle Relish

### Thursday, March 27

- Scrambled Egg w/ Cheese
- Sweet Potatoes
- Whole Grain English Muffin
- Fruit

### Friday, March 28

- Mexicali Chicken
- Corn
- Roasted Peppers & Onions
- Brown Rice

### Monday, March 31

**CLOSED**  
**CESAR CHAVEZ DAY**

- Menu subject to change  
- \$3 suggested donation

