# **JEWISH FAMILY SERVICE LA**

# ROXBURY PARK MENU Monday - Friday 11:30am-1:00pm

#### Tuesday, April 1

- Beef Fajitas
- Pinto Beans
- Tossed Green Salad
- Fruit Cup

## Wednesday, April 2

- Mushroom Ouiche
- Roasted Vegetables
- Lentil Salad
- Brown Rice Pilaf

### Thursday, April 3

- Roast Turkey Breast
- Baked Yam
- Spinach Salad
- Whole Grain Stuffing

#### Friday, April 4

- Tuna Salad
- Applesauce
- Potato Salad
- Creamy Coleslaw

#### Monday, April 7

- Fish Creole
- Garden Vegetable Soup
- Red Bears
- Whole Grain Tortilla

#### Tuesday, April 8

- Chicken Dijon
- Herb Zucchini & Grean Beans
- Chopped Salad w/Kale
- Whole Grain Roll

#### Wednesday, April 9

- Tuna Salad
- Potato Salad
- Tomato Soup
- Romaine Salad w/ 1000 Isle Dressing

### Thursday, April 10

- Korean BBO
- Sauté Zucchini w/ Sesame Seeds
- Broccoli Salad
- Herbed Brown Rice

#### Friday, April 11

- Tuscan Bean Stew
- Roasted Cauliflower
- Spinach Salad
- Whole Grain Roll

#### Monday, April 14

- Savory Beef Stew
- Mashed Potato
- Roasted Brussel Sprouts
- Whole Grain Roll

#### Tuesday, April 15

- Turkey Stir-Fry
- Mixed Asian Vegetables
- Poached Ginger Pear
- Lo Mein Noodles

### Wednesday, April 16

- Vegetarian Enchilada Casserole
- Carrot Celery Pepper Salad
- Whole Grain Tortilla
- Fresh Fruit

#### Thursday, April 17

- Turkey Bolognese
- Herbed Zucchini & Squash
- Caesar Salad
- Fruit Cup

# Friday, April 18 EASTER MEAL

## - Turkey w/ Cranberry Sauce

- Whipped Sweet Potato
- Mixed Green Salad w/ Strawberries
- Pudding

### Monday, April 21

- Southwest Shredded Chicken
- Pinto Beans
- Shredded Cabbage Salad
- Whole Grain Tortilla

#### Tuesday, April 22

- · Shepard's Pie
- Mixed Green salad
- Carrots
- Whole Grain Roll

#### Wednesday, April 23

- Baked Fish Almandine
- Green Beans w/ Herbs
- Spinach Salad w/ Kale
- Barley w/ Herbs

#### Thursday, April 24

- Cashew Chicken
- Grean Peas
- Beet & Mandarin Salad
- Brown Rice

#### Friday, April 25

- Garden Vegetable Lasagna
- Broccoli
- Caesar Salad
- Fruit

#### Monday, April 28

- Hot Turkey Sandwich
- Mashed Potatoes
- Spinach Salad w/ Cranberries
- Lentil Soup

## Tuesday, April 29

- · Egg Quiche
- Mixed Vegetable Blend
- Broccoli Salad
- Applesauce

#### Wednesday, April 30

- BBO Chicken
- Tri Color Coleslaw
- Brown Rice
- Sweet Potato



· \$3 suggested donation

