

Monday, March 3

- **Savory Beef Stew**
- Mashed Potatoes
- Roasted Brussel Sprouts
- Whole Grain Roll

Tuesday, March 4

- **Turkey Vegetable Stir-fry**
- Green Peas
- Cabbage Cucumber Salad
- Le Mein Noodles

Wednesday, March 5

- **Caribbean Chicken**
- Corn
- Vegetable Soup
- Brown Rice Pilaf

Thursday, March 6

- **Turkey Bolognese**
- Herbed Zucchini & Squash
- Caesar Salad
- Penne Pasta

Friday, March 7

- **Fish & Chips**
- Squash Soup
- Coleslaw
- Tapioca Pudding

Monday, March 10

- **Southwest Chicken**
- Pinto Beans
- Tortilla
- Shredded Cabbage

Tuesday, March 11

- **Shepard's Pie**
- Mixed Green Salad
- Whole Grain Roll
- Fruit

Wednesday, March 12

- **Baked Fish Almandine**
- Mushroom Soup
- Spinach Salad
- Barley w/ Herbs

Thursday, March 13

- **Chicken Adobo**
- Green Peas
- Mesclun Salad
- Brown Rice

Friday, March 14

- **Garden Vegetable Lasagna**
- Italian Wedding Soup
- Caesar Salad
- Broccoli

Monday, March 17

- **Corn Beef**
- Red Potatoes
- Steamed Cabbage
- Vanilla Pudding

Tuesday, March 18

- **Baked Pollack**
- Mixed Vegetables
- Broccoli Salad
- Cinnamon Applesauce

Wednesday, March 19

- **BBQ Chicken**
- Sweet Potato
- Tri Color Coleslaw
- Brown Rice

Thursday, March 20

- **Tamale Pie**
- Black Beans
- Mesclun Salad
- Fruit Cup

Friday, March 21

- **Meatloaf w/ Gravy**
- Garlic Mashed Potatoes
- Roasted Brussel Sprouts
- Whole Grain Roll

Monday, March 24

- **Chicken Adobo**
- Green Peas
- Mesclun Salad
- Brown Rice

Tuesday, March 25

- **Turkey Milanese**
- Cauliflower & Zucchini
- Carrot Raisin Salad
- Fruit

Wednesday, March 26

- **Salmon w/ Dill Sauce**
- Green Beans
- Chopped Mixed Salad
- Whole Grain Roll

Thursday, March 27

- **Asian Beef Stir-fry**
- Beet Salad
- Brown Rice
- Hot & Sour Soup

Friday, March 28

- **Chicken Mole**
- Tomato Cucumber Salad
- Spanish Brown Rice
- Fresh Fruit

Monday, March 31

- **Spaghetti w/ Meat Sauce**
- Caesar Salad
- Turcan Vegetable Soup
- Broccoli

▪ **Menu subject to change**
▪ **\$3 suggested donation**

