# JEWISH FAMILY SERVICE LA

## CULVER CITY SENIOR CENTER Monday - Friday 11:30am-1:00pm

#### Monday, February 3

- Open Face Hot Turkey
  Sandwich
- Green Beans
- Mashed Potatoes
- Spinach Salad w/ Shredded Cabbage & Cranberries

#### Tuesday, February 4

- Baked Pollack w/ Lemon Sauce
- Mixed Veg Blend
- Broccoli Salad
- Cinnamon Applesauce

#### Wednesday, February 5

- BBQ Chicken
- Yam
- Tri Color Coleslaw
- Peach

#### Thursday, February 6

- Tamale Pie
- Black Bean
- Mesclun Salad
- Pineapple Fruit Cup

#### Friday, February 7

- Meatloaf w/ Gravy
- Garlic Mashed Potatoes
- Roasted Brussel Sprouts
- Orange

## Monday, February 10

- Chicken Adobo
- Green Peas
- Mesclun Salad
- Pineappple Fruit Cup

## Tuesday, February 11

- Turkey Milanese
- Cauliflowr & Zucchini
- Carrot Rasin Salad
- Orange
- Vanilla Yogurt Parfait

## Wednesday, February 12

- Salmon with Dill Sauce
- Green Beans
- Chopped Mixed Salad
- Cinnamon Applesauce

## Thursday, February 13

- Asian Beef Stir Fry
- Mixed Asian Vegetables
- Beet Salad
- Cantaloupe

## Friday, February 14

- Vegetarian Chili
- Herb Roasted Chili
- Mixed Salad Greens
- Banana

## Monday, February 17 CLOSED – PRESIDENTS DAY

#### Tuesday, February 18

- Beef Fajita
- Pinto Beans
- Tossed Green Salad
- Pineapple & Mango Fruit Cup

#### Wednesday, February 19

- Mediterranean Chicken
- Roasted Vegetables
- Lentil Salad
- Cantaloupe
- Brown Rice Pilaf

Thursday, February 20 CLOSED – STAFF TRAINING

## Friday, February 21

- Roast Turkey Breast
- Fresh Baked Yam
- Spinach Salad w/ French Dressing
- Kiwi
- WG Stuffing

#### Monday, February 24

- Fish Creole
- Red Beans
- Creamy Coleslaw
- Pear

## Tuesday, February 25

- Chicken Dijon
- Herb Zucchini & Green Beans
- Chopped Salad w/ Kale
- Fresh Fruit

#### Wednesday, February 26

- Stuffed Bell Pepper
- Mixed Vegetables
- Romaine Salad w/ Tomatoes
- Apple

#### Thursday, February 27

- Tuscan Bean Stew
- Roasted Cauliflower
- Spinach Salad
- Orange

## Friday, February 28

- Korean BBQ
- Saute Zucchini w/ Sesame Seed
- Broccoli Salad w/ Sliced Radish

Menu subject to change

\$3 suggested donation

