

- **Monday, December 2**
- Eggs w/ Cheese Garnish
- Sweet Potato
- Whole Grain English Muffin
- Orange

- **Tuesday, December 3**
- Calabacitas Chicken
- Roasted Squash
- Cilantro Brown Rice
- Mixed Fruit

- **Wednesday, December 4**
- Turkey Taco Bowl
- Black Beans
- Roasted Corn Salad
- Whole Grain Rotini

- **Thursday, December 5**
- Yakisoba Noodle Bowl
- Edamame
- Diced Tofu
- Spinach/Carrot/Cabbage Blend

- **Friday, December 6**
- Mexicali Chicken Bowl
- Corn
- Roasted Peppers & Onions
- Brown Rice

- **Monday, December 9**
- Roasted Ginger Tofu
- Shredded Carrots
- Pickled Red Cabbage
- Brown Rice

- **Tuesday, December 10**
- Mananeros Scrambled Eggs
- Black Beans
- Sweet Potato
- Tortilla Strips

- **Wednesday, December 11**
- Lemon Maple Salmon
- Shredded Carrots
- Steam Broccoli
- Edamame

- **Thursday, December 12**
- Chicken Enchilada Rotini
- Roasted Red Peppers
- Black Beans
- Mandarins

- **Friday, December 13**
- Romesco Tofu
- Cauliflower Rice
- Pickled Red Cabbage
- Turmeric Citrus Couscous

- **Monday, December 16**
- Scrambled Eggs
- Sweet Potato
- Cooked Oats
- Pineapple

- **Tuesday, December 17**
- Chicken Curry Bowl
- Yukon Potatoes
- Roasted Carrots
- Brown Rice

- **Wednesday, December 18**
- Turkey Taco Bowl
- Black Beans
- Roasted Corn Salad
- Whole Wheat Rotini

- **Thursday, December 19**
- Creamy Lemon Broccoli
- Peas & Chickpeas
- Edamame
- Brown Rice Pilaf

- **Friday, December 20**
- Pesto Chicken
- Roma Tomatoes
- Baby Spinach
- Whole Wheat Rotini Pasta

- **Monday, December 23**
- Grilled Chicken Pastor
- Carrot Slaw
- Roasted Peppers & Onions
- Brown Rice

- **Tuesday, December 24**
- Roasted Turkey Breast
- Brussels Sprouts
- Cranberry Stuffing
- Sweet Potato Mash

• **Wednesday, December 25**
**CHRISTMAS
CLOSED**

- **Thursday, December 26**
- Yucatan Salmon
- Black Beans
- Corn Salsa
- Plantains

- **Friday, December 27**
- Thai Red Curry
- Roasted Carrots
- Whole Grain Noodles
- Broccoli

- **Monday, December 30**
- Scrambled Eggs
- Sweet Potato
- Whole Grain English Muffin
- Orange

- **Tuesday, December 31**
- Calabacitas con Pollo
- Roasted Squash
- Cilantro Brown Rice
- Mixed Fruit

• Menu subject to change
• \$3 suggested donation

