Monday, July 1
- **Southwest Shredded Chicken**
- Pinto Beans
- Yellow Squash
- Melon

Tuesday, July 2
- **Shephard's Pie**
- Mixed Salad Greens
- Kiwi
- Whole Grain Roll

Wednesday, July 3
- **BBQ Chicken**
- Baked Beans
- Coleslaw
- Peach Pie

Thursday, July 4
CLOSED

Friday, July 5
- **Vegetable Lasagna**
- Broccoli
- Caesar Salad
- Orange

Monday, July 8
- **Turkey Sandwich**
- Green Beans
- Mashed Potatoes
- Spinach Salad

Tuesday, July 9
- **Baked Pollack w/ Lemon Sauce**
- Mixed Vegetable Blend
- Broccoli Salad
- Cinnamon Applesauce

Wednesday, July 10
- **BBQ Chicken**
- Sweet Potato
- Coleslaw
- Brown Rice

Thursday, July 11
- **Tamale Pie**
- Black Beans
- Mesclun Salad Mix
- Pineapple/Mango Fruit Cup

Friday, July 12
- **Meatloaf w/ Gravy**
- Mashed Potatoes
- Brussels Sprouts
- Orange

Monday, July 15
- **Chicken Adobo**
- Green Peas
- Mesclun Salad
- Brown Rice

Tuesday, July 16
- **Turkey Milanese**
- Cauliflower & Zucchini
- Linguine w/ Pesto Sauce
- Vanilla Yogurt Parfait

Wednesday, July 17
- **Salmon w/ Dill Sauce**
- Black Beans
- Mixed Salad
- Cinnamon Applesauce

Thursday, July 18
CLOSED

Friday, July 19
- **Vegetarian Chili**
- Roasted Carrots
- Mixed Salad Greens
- Cornbread

Monday, July 22
- **Spaghetti w/ Meat Sauce**
- Broccoli
- Caesar Salad
- Pear

Tuesday, July 23
- **Beef Fajita**
- Pinto Beans
- Corn
- Green Salad

Wednesday, July 24
- **Mediterranean Chicken**
- Roasted Vegetables
- Brown Rice
- Tangerine

Thursday, July 25
- **Tuna Salad**
- Green Peas
- Coleslaw
- Applesauce

Friday, July 26
- **Roast Turkey Breast**
- Sweet Potato
- Spinach Salad
- Orange

Monday, July 29
- **Fish Creole**
- Red Beans
- Coleslaw
- Plum

Tuesday, July 30
- **Chicken Dijon**
- Carrots
- Chopped Salad
- Fresh Fruit

Wednesday, July 31
- **Stuffed Bell Pepper**
- Mixed Vegetables
- Romaine Salad
- Red Gelatin Cubes w/ Yogurt

- **Menu subject to change**
- **$3 suggested donation**