

## Monday, July 1

- Southwest Shredded Chicken
- Pinto Beans
- Yellow Squash
- Melon

## Tuesday, July 2

- Shephard's Pie
- Mixed Salad Greens
- Kiwi
- Whole Grain Roll

## Wednesday, July 3

- BBQ Chicken
- Baked Beans
- Coleslaw
- Peach Pie

## Thursday, July 4

**CLOSED**

## Friday, July 5

- Vegetable Lasagna
- Broccoli
- Caesar Salad
- Orange

## Monday, July 8

- Turkey Sandwich
- Green Beans
- Mashed Potatoes
- Spinach Salad

## Tuesday, July 9

- Baked Pollack w/ Lemon Sauce
- Mixed Vegetable Blend
- Broccoli Salad
- Cinnamon Applesauce

## Wednesday, July 10

- BBQ Chicken
- Sweet Potato
- Coleslaw
- Brown Rice

## Thursday, July 11

- Tamale Pie
- Black Beans
- Mesclun Salad Mix
- Pineapple/Mango Fruit Cup

## Friday, July 12

- Meatloaf w/ Gravy
- Mashed Potatoes
- Brussels Sprouts
- Orange

## Monday, July 15

- Chicken Adobo
- Green Peas
- Mesclun Salad
- Brown Rice

## Tuesday, July 16

- Turkey Milanese
- Cauliflower & Zucchini
- Linguine w/ Pesto Sauce
- Vanilla Yogurt Parfait

## Wednesday, July 17

- Salmon w/ Dill Sauce
- Black Beans
- Mixed Salad
- Cinnamon Applesauce

## Thursday, July 18

**CLOSED**

## Friday, July 19

- Vegetarian Chili
- Roasted Carrots
- Mixed Salad Greens
- Cornbread

## Monday, July 22

- Spaghetti w/ Meat Sauce
- Broccoli
- Caesar Salad
- Pear

## Tuesday, July 23

- Beef Fajita
- Pinto Beans
- Corn
- Green Salad

## Wednesday, July 24

- Mediterranean Chicken
- Roasted Vegetables
- Brown Rice
- Tangerine

## Thursday, July 25

- Tuna Salad
- Green Peas
- Coleslaw
- Applesauce

## Friday, July 26

- Roast Turkey Breast
- Sweet Potato
- Spinach Salad
- Orange

## Monday, July 29

- Fish Creole
- Red Beans
- Coleslaw
- Plum

## Tuesday, July 30

- Chicken Dijon
- Carrots
- Chopped Salad
- Fresh Fruit

## Wednesday, July 31

- Stuffed Bell Pepper
- Mixed Vegetables
- Romaine Salad
- Red Gelatin Cubes w/ Yogurt

- Menu subject to change  
- \$3 suggested donation

